## Your Family Learning Team

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# Welcome to Family Learning

- ~ Family Crafts and Activities ~ Family Life Skills ~
- $\sim$  English, maths and ESOL  $\sim$  IT and Online Safety  $\sim$ 
  - Gain new skills for the whole family
  - Improve confidence to try other courses
  - Learn from each other
  - Enjoy spending time together





# Free family learning courses can be set up in your local community

All parents and carers want their children to do well at school and succeed but sometimes it can be difficult to know where to start.

No one wants to confuse their child by using different methods to their teacher and that is where family learning can help.

Find out how things are taught in your child(ren)'s school, get to know other parents and carers and share ideas.

Take a look at the list of courses and workshops the Family Learning Team can offer. Complete a short form to let us know what you would like us provided in your community. Please include any other ideas you have.

Family Learning aims to encourage a family to become confident, lifelong learners. It can have a positive impact on children's skills and achievements at school. Family Learning can help to develop a learning community that improves life chances.

Learn something new and feel better for it!

### Some Courses and workshops

Here is a sample of courses and workshops the Family Learning Team can offer:

- Keeping up with your child in maths
- Keeping up with your child in English
- ESOL classes
- English and maths courses
- IT courses and Online Safety
- Family Crafts and Activities
- Let's Talk Mental Health
- Eat Well on a Budget
- Storytelling
- Emotional Health: You and your family
- Positive disciplining and boundary setting
- Developing resilience
- The benefits of a growth mindset

If you have other ideas, please let us know too!